

MASSAGE THERAPY

Whether you need an hour to yourself for complete relaxation and stress relief or focused therapy to relieve a chronic condition, we're here to meet your needs. Massage helps the body and soul achieve release, resolution and vitality.

SWEDISH MASSAGE

THERAPEUTIC MASSAGE

DEEP TISSUE MASSAGE

HOT STONE MASSAGE

CHAIR MASSAGE

PRENATAL, POSTPARTUM & FERTILITY MASSAGE

MYOFASCIAL RELEASE

CRANIOSACRAL THERAPY

MUSCLE ENERGY TECHNIQUE

QUANTUM TOUCH

HOT PARAFFIN WAX

PRICING

90 minute - \$75

60 minute - \$60

30 minute - \$35

60 minute Hot Stone - \$75

AVAILABLE PACKAGES

Ten 60 minute sessions for \$460

Five 60 minute sessions for \$265

Ten 30 minute sessions for \$270

Five 30 minute sessions for \$155

Purchase a Total Body Package which includes five 45 minute personal training sessions & a 60 minute massage for \$170.

Gift Certificates are available.

Call To Make Your
Appointment Today

Becky Allen, BA, L.M.T.
Licensed Massage Therapist

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